



# STEPS TO EVEREST.

This programme describes a range of expeditions and courses, which, if completed over of number of years, could culminate in an attempt on Everest. We recommend interspersing your expedition experience with alpine climbing, designed to hone your technical skills. Please note the grades are given for each expedition. For a full explanation of our grading system, please refer to the brochure or website [www.jagged-globe.co.uk](http://www.jagged-globe.co.uk)



## 06. EVEREST (4E)

**The Big One!** The South Col route is the most assured line of ascent. Plenty of physical training and mental preparation is essential immediately prior to going to Everest.

## 05. CHO OYU (4E)

ALPINE ICE – CHAMONIX  
AND COGNE

An 8,000m peak such as Cho Oyu would be a 'dry run' for Everest. Most of our climbers go to Cho Oyu before Everest.

## 04. PEAK LENIN (2D)

DENALI (3D)  
SNOW AND ICE CLIMBING  
ZERMATT CLIMBER  
OBERLAND 4000ERS

Once you have a couple of expeditions under your belt and have some solid technical climbing skills, a more challenging peak such as Peak Lenin or Denali is possible. An ascent of Denali or equivalent is our minimum requirement for Everest.

## 03. BOLIVIAN CLIMBER (3B)

KHUMBU CLIMBER (3B)  
MERA AND ISLAND PEAK (3B)  
WINTER MOUNTAINEERING  
SAAS 4000ERS

After you have done an initial training course and an expedition, you can look at further developing your alpine mountaineering skills on e.g. the Saas 4000ers course, before tackling a 3B expedition such as Bolivian Climber or Khumbu Climber. Without more climbing in the Alps or Scotland (on Winter Mountaineering), or another grade 1 expedition, you'd be limited to 2B on your next step up.

## 02. ACONCAGUA (1C)

MERA PEAK (2A)

If you have ice axe and crampon skills, you can join one of these introductory-level expeditions for your first taste of altitude. On Aconcagua's Horcones route, you do not travel on glacier, but it's often necessary to wear crampons as there is snow. It's a really tough climb and a good early target if you are serious about Everest.

## 01. KILIMANJARO (1A)

STOK KANGRI (1A)  
INTRO WINTER MOUNTAINEERING  
INTRODUCTORY ALPINE TECHNIQUES LEVEL 1  
+ MONT BLANC EXTENSION

A good starting point is an expedition that does not require ice axe or crampon skills (e.g. Kilimanjaro), or an introductory mountaineering course in Scotland or the Alps. This should give you an idea if mountaineering is for you.